

AUPAIR CONNECT — CHECKLIST

Au pair room & house checklist

Everything an au pair room must offer before arrival.

CHECKLIST

ENGLISH

V1.0.0

Before your au pair arrives, prepare a room and a house that communicate your household framework without ambiguity. This checklist covers what to agree together on day one.

The au pair room

The room is private, furnished, with an openable window, heating and a lock or key. It is both the legal baseline and the first sign of mutual respect.

- Bed, desk, storage and a good mattress.
- Private space respected: no entry without an invitation.
- Electricity, water and heating included.
- Wi-Fi name and password handed over on arrival.

☐ Items ready

House rules

A written handbook prevents misunderstandings. Personalise it with your family, then review and sign it together on day one.

- Kitchen and shared-space time slots.
- Shared meals, allergies and food to avoid.
- Guest rules and curfew.
- Phone use during childcare hours.

☐ Rules agreed

Emergencies and useful contacts

In an emergency everyone must know what to do. Post the numbers somewhere visible.

- 112: European emergency number.
- Family doctor and on-call pharmacy.
- Liability insurance and health cover (policy number).

☐ Contacts posted

To complete together

REMAINING ITEMS TO PREPARE

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DAY 1 — FAMILY / AU PAIR SIGNATURE

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